

Eastern Idaho Chronic Disease Coalition

September 19, 2018

12:00 pm – 1:00 pm

EIPH
1250 Hollipark Drive, Idaho Falls

Attendees: James Corbett (EIPH), Jenna Orchard (EIPH), Trudi Poole (EIRMC), Morgan Nield (EICAP), Nicole Foster (EIPH), Ann McRill (Community Family Clinic) Leslee Blanch (U of I Extension), Dave Klingler (Lions Club, phone)

Minutes

Agenda item: June Meeting recap **Presenter:** Jenna

Discussion: Talked about the Diabetes Alliance of Idaho, chronic disease data, and member presentations.

Agenda item: Diabetes Alliance of Idaho Updates **Presenter:** Jenna

Diabetes Alliance of Idaho (DAI) is a statewide organization that has been around since the 1980s. It started as an informal group that would meet and talk about diabetes in Idaho. In 1995, the alliance was taken over by the Idaho Diabetes Prevention and Control Program (State Program). The State Program currently funds this coalition and Jenna's position at the health department. Present day, now an independent, volunteer organization consisting of individuals and agencies dedicated to the prevention and reduction of the personal and public impact of diabetes in Idaho's communities.

Organization is still forming, but the current organizational structure is forming a board of directors. There will also be an advisory council and local chapters. At the state level, DAI will form a strategic plan, manage members and work on fundraising. They are registered in Idaho as a nonprofit and working to gain 501c3 status within the next few years.

As more information becomes available, Jenna will share with the group. Coalition will continue to meet, most likely on quarterly basis to network, share resources, and reduce duplication of services. Coalition will need to decide if we would like to transition to a local chapter of the DAI and work on all things related to diabetes, even type 1 and juvenile diabetes.

Agenda item: Idaho Prevents Diabetes State Action Plan **Presenter:** Jenna and group

This action plan was created by the Department of Health and Welfare, which is the funding source for Jenna and her grant. They received a 5-year block grant from the CDC. The focus of the next 5 years includes awareness of prediabetes and establishment of Diabetes Prevention Programs (DPP) throughout the state. DPPs have certain requirements for individuals to participate in the class. There is a DPP in Rexburg through Madison Memorial and in Driggs through Teton Valley Health Care. There is not one in Idaho Falls. There was a lengthy discussion about DPP in general. They have been more successful when ran by community groups (non-care setting). This helps the referrals because providers don't feel that their patients will switch providers. Currently Medicare is the only insurance provider that will pay for individuals to attend DPPs. Programs are set up differently depending on the organization and some have fees. There are Diabetes Self-Management classes in the area, Madison Memorial, Rocky Mountain Diabetes and Lions Club/Qualis, but those classes are for individuals who already have diabetes. Insurance companies will pay for the classes.

Agenda item: Resource Sharing and Networking **Presenter:** Group

Morgan: talked about several different support groups for caretakers. They have a 6 week class starting Nov. 6: Powerful Tools for Caregivers. This course focuses on caregivers of individuals who have dementia or Alzheimer's. There is a workbook that goes along with the course. The course is free, but individuals can leave a small donation to help offset the cost of the \$30 workbook.

Ann: Community Family Clinic is having a Health and Resource Fair Oct 6, 11-3. If individuals are interested in having a booth, contact Ann. She is also available to help individuals who need insurance. Open enrollment is coming up Nov 1.

Leslee: has several different health and wellness classes going on in the community including exercise and food prep. She has worksite wellness classes where she can come and teach groups of employees. If you would like to help present or attend her classes, contact Leslee. She also sends updates via email.

Dave: continues to hold Diabetes Self-Management classes. Vonda Smith is starting a Chronic Disease Management class Oct. 3rd. Contact Dave or Vonda for more information.

Other Information

Next Meeting: TBD